MATH 141, Review Sheet on Trig Substitutions

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The following table summarizes what subsitution to use, depending on what appears in the integrand.

combination in integrand	substitution	dx	u as a function of x
$\sqrt{a^2 - x^2} = a \cos u$	$x = a \sin u$	$dx = a \cos u du$	$u = \sin^{-1}(x/a)$
$\sqrt{a^2 + x^2} = a \sec u$	$x = a \tan u$	$dx = a \sec^2 u du$	$u = \tan^{-1}(x/a)$
$\sqrt{x^2 - a^2} = a \tan u$	$x = a \sec u$	$dx = a \sec u \tan u du$	$u = \sec^{-1}(x/a)$

We skipped hyperbolic functions (section 7.4 in Ellis and Gulick), but they provide an optional alternative for the last two rows of the above table, since $\sinh^2 u + 1 = \cosh^2 u$. So if you prefer to use hyperbolic functions, the following substitutions are also recommended:

combination in integrand	substitution	dx	u as a function of x
$\sqrt{a^2 + x^2} = a \cosh u$ $\sqrt{x^2 - a^2} = a \sinh u$	$\begin{aligned} x &= a \sinh u \\ x &= a \cosh u \end{aligned}$	$dx = a \cosh u du$ $dx = a \sinh u du$	$u = \sinh^{-1}(x/a)$ $u = \cosh^{-1}(x/a)$

Sometimes, depending on your choice of substitution, the answer can appear to vary quite a bit (though all the answers are equivalent). Example:

$$\int \sqrt{a^2 + x^2} \, dx = (\text{with substitution } x = a \tan u)$$

$$= \int (a \sec u)(a \sec^2 u \, du) = a^2 \int \sec^3 u \, du$$
(by the method of Ellis and Gulick, p. 518)
$$= \frac{a^2}{2} \left(\sec u \tan u + \ln |\sec u + \tan u| \right) + C$$

$$= \frac{a^2}{2} \left(\frac{x\sqrt{a^2 + x^2}}{a^2} + \ln \left| \frac{\sqrt{a^2 + x^2}}{a} + \frac{x}{a} \right| \right) + C.$$

$$\int \sqrt{a^2 + x^2} \, dx = (\text{with substitution } x = a \sinh u)$$

$$= \int (a \cosh u)(a \cosh u \, du) = a^2 \int \cosh^2 u \, du$$

$$= \frac{a^2}{2} \int (1 + \cosh 2u) \, du$$

$$= \frac{a^2}{2} \left(u + \frac{1}{2} \sinh 2u \right) + C$$

$$= \frac{a^2}{2} \left(u + \sinh u \cosh u \right) + C$$

$$= \frac{a^2}{2} \left(\sinh^{-1} \left(\frac{x}{a} \right) + \frac{x\sqrt{a^2 + x^2}}{a^2} \right) + C.$$

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