# MATH 141, Review Sheet on Trig Substitutions 

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The following table summarizes what subsitution to use, depending on what appears in the integrand.

| combination in integrand | substitution | $d x$ | $u$ as a function of $x$ |
| :--- | :--- | :--- | :--- |
| $\sqrt{a^{2}-x^{2}}=a \cos u$ | $x=a \sin u$ | $d x=a \cos u d u$ | $u=\sin ^{-1}(x / a)$ |
| $\sqrt{a^{2}+x^{2}}=a \sec u$ | $x=a \tan u$ | $d x=a \sec ^{2} u d u$ | $u=\tan ^{-1}(x / a)$ |
| $\sqrt{x^{2}-a^{2}}=a \tan u$ | $x=a \sec u$ | $d x=a \sec u \tan u d u$ | $u=\sec ^{-1}(x / a)$ |

We skipped hyperbolic functions (section 7.4 in Ellis and Gulick), but they provide an optional alternative for the last two rows of the above table, since $\sinh ^{2} u+1=\cosh ^{2} u$. So if you prefer to use hyperbolic functions, the following substitutions are also recommended:

| combination in integrand | substitution | $d x$ | $u$ as a function of $x$ |
| :--- | :--- | :--- | :--- |
| $\sqrt{a^{2}+x^{2}}=a \cosh u$ | $x=a \sinh u$ | $d x=a \cosh u d u$ | $u=\sinh ^{-1}(x / a)$ |
| $\sqrt{x^{2}-a^{2}}=a \sinh u$ | $x=a \cosh u$ | $d x=a \sinh u d u$ | $u=\cosh ^{-1}(x / a)$ |

Sometimes, depending on your choice of substitution, the answer can appear to vary quite a bit (though all the answers are equivalent). Example:

$$
\begin{aligned}
\int \sqrt{a^{2}+x^{2}} d x & =(\text { with substitution } x=a \tan u) \\
& =\int(a \sec u)\left(a \sec ^{2} u d u\right)=a^{2} \int \sec ^{3} u d u
\end{aligned}
$$

(by the method of Ellis and Gulick, p. 518)

$$
\begin{aligned}
& =\frac{a^{2}}{2}(\sec u \tan u+\ln |\sec u+\tan u|)+C \\
& =\frac{a^{2}}{2}\left(\frac{x \sqrt{a^{2}+x^{2}}}{a^{2}}+\ln \left|\frac{\sqrt{a^{2}+x^{2}}}{a}+\frac{x}{a}\right|\right)+C .
\end{aligned}
$$

$$
\int \sqrt{a^{2}+x^{2}} d x=(\text { with substitution } x=a \sinh u)
$$

$$
=\int(a \cosh u)(a \cosh u d u)=a^{2} \int \cosh ^{2} u d u
$$

$$
=\frac{a^{2}}{2} \int(1+\cosh 2 u) d u
$$

$$
=\frac{a^{2}}{2}\left(u+\frac{1}{2} \sinh 2 u\right)+C
$$

$$
=\frac{a^{2}}{2}(u+\sinh u \cosh u)+C
$$

$$
=\frac{a^{2}}{2}\left(\sinh ^{-1}\left(\frac{x}{a}\right)+\frac{x \sqrt{a^{2}+x^{2}}}{a^{2}}\right)+C .
$$

